



News
For Immediate Release

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**Verdugo Hills Hospital's "Family Health & Safety Fair"
Offers Free Health Screenings and Advice to the Community**

(GLENDALE, CA – June 4, 2007) – From glucose and bone density screenings to body fat analysis, Verdugo Hills Hospital's "Family Health & Safety Fair" on June 2 attracted many community members and their families from throughout various parts of Los Angeles.

Community members received free health screenings and had an opportunity to have their test results evaluated by David Han, M.D., MPH, and Hwan Z. Suk, M.D. Participants also received healthcare advice, including information on skincare, fitness and exercise as well as asthma and CPR education.

Montrose resident Karen Beam said she enjoyed the Health Fair and found it very helpful. "I have no insurance, so it's hard to make an appointment to see a doctor," Beam said. "I came here to the Health Fair and got my results and I'm very happy."

"I think the Fair is a great service Verdugo Hills Hospital is doing for the community," said Montrose resident Lauren Lifset.

Terry Roszhart, a community nurse, said she found the screenings and evaluations very useful. Roszhart, who has also been a patient at Verdugo Hills Hospital, said the Health Fair was definitely "worth the time."

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In addition, hospital President and CEO Leonard LaBella announced the Health Fair's raffle prize winner. Twelve-year Glendale resident Won Hwa Jong won the raffle drawing and took home a 32" flat-screen TV. Jong, who works as a retail store cashier in Highland Park, said she found the bone density, glucose and cholesterol screenings the most useful.

Other health screenings offered included: cholesterol, blood pressure, height and weight, dental and vision.

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. The hospital features all private rooms, 24-hour emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. It is the only independent, free-standing hospital in the greater Foothills community and was voted "Foothill's Best Hospital" for 2007 by readers of the *Glendale News-Press*. Several physicians on staff also received recognition as the best in the community, including: Dr. Scott W. Beeve, Foothills Best Ophthalmologist; Dr. Allan W. Perry, Jr., Foothills Best Plastic Surgeon; Dr. Richard L. Rupp, Foothills Best Podiatrist; Dr. William F. Schubert, Foothills Best Family Physician; Dr. Jane S. Wada, Foothills Best Dermatologist; and Dr. Ronald D. Woodard, Foothills Best Obstetrician/Gynecologist. For more information, please visit www.vhhospital.org.

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