



Contact:
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Babysitting Classes Offered at VHH

(GLENDALE, CA – March 2, 2009) – The Verdugo Hills Hospital BEGINNINGS Family Education Program offers babysitting classes designed for boys and girls between the ages of 11 and 15. The babysitting class is an interactive course that teaches participants valuable skills, including infant/child CPR, basic first aid, home/auto safety, accident prevention, telephone skills, safety tips, when to call 911, poison control, fire/earthquake plans and other helpful childcare advice. Upon completion of the course, participants will receive a babysitting course completion certificate.

We offer a single babysitting class each month at the hospital, located at 1812 Verdugo Boulevard, Glendale, CA 91208, in the Council Room (located on the 4th floor). Class fee is \$35/person. Reservations are required.

Classes are held from 9 am to 2:30 pm on the following dates:

March 28

April 25

May 30

June 27

For more information or to register, please call Teri Rice at 818.952.2272. For a list of additional classes offered by the Family Education Program, please visit www.vhhospital.org.

About the Hospital:

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. Hospital features include emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. It is the only independent, free-standing hospital in the greater Foothills community and was voted “Foothills’ Best Hospital” for 2008 by readers of the *Glendale News-Press* for the fifth consecutive year. For more information, please visit www.vhhospital.org. For more information about funding initiatives or to support the hospital, please call the Foundation at 818.952.2226.

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