



Verdugo Hills
HOSPITAL

News
For Immediate Release

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Verdugo Hills Hospital Welcomes First Baby of the Year

(GLENDALE, CA – January 3, 2008) Three is a charm for the Ter-Galstian family who welcomed their newborn at Verdugo Hills Hospital (VHH) right after the New Year. Weighing seven pounds and eight ounces and just 20 inches in length, baby Arventa Sevada Ter-Galstian was born on January 2, at 2:31 p.m., making him the first baby of 2008 born at VHH.

Parents Silvart and Garnik of Glendale also have an 11-year-old daughter Melvina and a five-year-old son Arvega.

“It is the same feeling each time when you welcome a new life into the world,” said Silvart.

“Every child has his or her own sweetness,” said Garnik. “With your first baby, if it is a boy then you want a girl for your second baby and vice versa. But with your third baby it is a choice and we are very happy and excited.”

The parents were also very pleased to receive a congratulatory gift set from VHH, which included a baby shirt, teddy bear, rattle and a pair of booties.

About the Hospital:

VHH is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. The hospital features all private rooms, 24-hour emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. It is the only independent, free-standing hospital in the greater Foothills community and was voted “Foothill’s Best Hospital” for 2007 by readers of the *Glendale News-Press*. Several physicians on staff also received recognition as the best in the community, including: Dr. Scott W. Beeve, Foothills Best Ophthalmologist; Dr. Allan W. Perry, Jr., Foothills Best Plastic Surgeon; Dr. Richard L. Rupp, Foothills Best Podiatrist; Dr. William F. Schubert, Foothills Best Family Physician; Dr. Jane S. Wada, Foothills Best Dermatologist; and Dr. Ronald D. Woodard, Foothills Best Obstetrician/Gynecologist. For more information, please visit www.vhhospital.org.

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